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1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
hydrogen 1 H	beryllium 4 Be	scandium 21	titanium 22	vanadium 23	chromium 24	manganese 25	iron 26	cobalt 27	nickel 28	copper 29	zinc 30	boron 5 B	carbon 6 C	nitrogen 7 N	oxygen 8 O	fluorine 9 F	helium 2 He
lithium 3 Li	beryllium 4 Be	scandium 21	titanium 22	vanadium 23	chromium 24	manganese 25	iron 26	cobalt 27	nickel 28	copper 29	zinc 30	aluminum 13 Al	silicon 14 Si	phosphorus 15 P	sulfur 16 S	chlorine 17 Cl	argon 18 Ar
lithium 3 Li	beryllium 4 Be	scandium 21	titanium 22	vanadium 23	chromium 24	manganese 25	iron 26	cobalt 27	nickel 28	copper 29	zinc 30	aluminum 13 Al	silicon 14 Si	phosphorus 15 P	sulfur 16 S	chlorine 17 Cl	argon 18 Ar
potassium 19 K	calcium 20 Ca	scandium 21	titanium 22	vanadium 23	chromium 24	manganese 25	iron 26	cobalt 27	nickel 28	copper 29	zinc 30	gallium 31 Ga	germanium 32 Ge	arsenic 33 As	selecnium 34 Se	bromine 35 Br	krypton 36 Kr
potassium 19 K	calcium 20 Ca	scandium 21	titanium 22	vanadium 23	chromium 24	manganese 25	iron 26	cobalt 27	nickel 28	copper 29	zinc 30	gallium 31 Ga	germanium 32 Ge	arsenic 33 As	selecnium 34 Se	bromine 35 Br	krypton 36 Kr
rubidium 37 Rb	strontium 38 Sr	yttrium 39 Y	zirconium 40 Zr	niobium 41 Nb	molybdenum 42 Mo	technetium 43 Tc	ruthenium 44 Ru	rhodium 45 Rh	paladium 46 Pd	silver 47 Ag	cadmium 48 Cd	indium 49 In	tin 50 Sn	antimony 51 Sb	tellurium 52 Te	iodine 53 I	xenon 54 Xe
rubidium 37 Rb	strontium 38 Sr	yttrium 39 Y	zirconium 40 Zr	niobium 41 Nb	molybdenum 42 Mo	technetium 43 Tc	ruthenium 44 Ru	rhodium 45 Rh	paladium 46 Pd	silver 47 Ag	cadmium 48 Cd	indium 49 In	tin 50 Sn	antimony 51 Sb	tellurium 52 Te	iodine 53 I	xenon 54 Xe
cesium 55 Cs	barium 56 Ba	lanthanum 57 La	hafnium 72 Hf	tantalum 73 Ta	tungsten 74 W	rhenium 75 Re	osmium 76 Os	iridium 77 Ir	platinum 78 Pt	gold 79 Au	mercury 80 Hg	thallium 81 Tl	lead 82 Pb	bismuth 83 Bi	polonium 84 Po	astatine 85 At	radon 86 Rn
cesium 55 Cs	barium 56 Ba	lanthanum 57 La	hafnium 72 Hf	tantalum 73 Ta	tungsten 74 W	rhenium 75 Re	osmium 76 Os	iridium 77 Ir	platinum 78 Pt	gold 79 Au	mercury 80 Hg	thallium 81 Tl	lead 82 Pb	bismuth 83 Bi	polonium 84 Po	astatine 85 At	radon 86 Rn
francium 87 Fr	radium 88 Ra	actinium 89 Ac	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **	actinides 89-102 **
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unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled	unlabeled


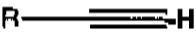
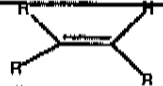
Key:
 atomic number
 symbol
 atomic weight (mean relative mass)

lanthanum 57 La	cerium 58 Ce	praseodymium 59 Pr	neodymium 60 Nd	promethium 61 Pm	samarium 62 Sm	europium 63 Eu	gadolinium 64 Gd	terbium 65 Tb	dysprosium 66 Dy	holmium 67 Ho	erbium 68 Er	thulium 69 Tm	ytterbium 70 Yb	lutetium 71 Lu
actinium 89 Ac	thorium 90 Th	protactinium 91 Pa	uranium 92 U	neptunium 93 Np	plutonium 94 Pu	americium 95 Am	curium 96 Cm	berkelium 97 Bk	californium 98 Cf	einsteinium 99 Es	fermium 100 Fm	mendelevium 101 Md	nobelium 102 No	lawrencium 103 Lr

*lanthanoids
 **actinoids

Symbols and names: the symbols and names of the elements, and their spellings are those recommended by the International Union of Pure and Applied Chemistry (IUPAC - <http://www.iupac.org>). Names have yet to be proposed for the most recently discovered elements beyond 112, and so those used here are IUPAC's temporary systematic names. In the USA and some other countries, the spellings aluminium and caesium are normal while in the UK and elsewhere the common spelling is sulphur. Group labels: the numeric system (1-18) used here is the current IUPAC convention. Atomic weights [mean relative masses]: Apart from the heaviest elements, these are the IUPAC 2007 values and given to 5 significant figures. Elements for which the atomic weight is given within square brackets have no stable nuclides and are represented by the element's longest-lived isotope reported in the literature. ©2007 Dr Mark J Whelan (WebElements Ltd and University of Sheffield, webelements@sheffield.ac.uk). All rights reserved. For updates to this table see <http://www.webelements.com/index/periodic-table>. Periodic Table (Version date: 21 September 2007).

¹H NMR CHEMICAL SHIFT CHART*

Type of Proton	Formula	Chemical Shift
Reference peak	Si(CH ₃) ₄	0
Saturated primary	RCH ₃	0.7-1.3
Saturated secondary	RCH ₂ R	1.2-1.4
Saturated tertiary	RCHR ₂	1.4-1.7
Allylic primary		1.6-1.9
Methyl ketones	RCOCH ₃	2.1-2.4
Aromatic methyl	Ph-CH ₃	2.5-2.7
Alkyl chloride	R-CH ₂ Cl	3.0-4.0
Alkyl bromide	R-CH ₂ Br	2.5-4.0
Alkyl iodide	R-CH ₂ I	2.5-4.0
alkyl amine	RNH ₂	Extremely variable (1-5)
Alcohol, ether	R-CH ₂ O-R'	3.3-4.0
Alkynyl	R- 	2.5-2.7
Vinylic		5.0-6.5
Aromatic	Ph-H	5.6-8.0
Aldehyde	RCOH	9.7-10.0
Carboxylic acid	RCOOH	11.0-12.0
Alcohol	ROH	Extremely variable (2.5-5.0)

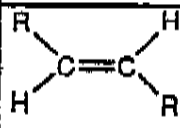
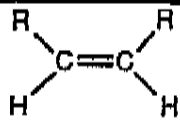
*data from McMurry, J. *Organic Chemistry*, Third edition, Brooks-Cole, California, 1992

please note: Ph = phenyl or an aromatic ring, the CO in the ketone and aldehyde is a carbonyl, i.e. C=O

CHARACTERISTIC INFRARED FREQUENCIES*

cm ⁻¹	Functional group	Comments
3600-3400	O-H stretching	3600-3500 cm ⁻¹ (sharp, often weak) from "free" or unassociated O-H; 3400-3200 cm ⁻¹ (broad) from H-bonded (associated) O-H. Carboxylic acids and β-dicarbonyl compounds have very strongly associated O-H with a very broad absorption (500 cm ⁻¹) centered at 3000-2900 cm ⁻¹ .
3500-3200	N-H stretching	3300 cm ⁻¹ (sharp) from unassociated N-H; 3200 cm ⁻¹ (broad) from associated N-H. An NH ₂ group usually appears as a doublet (ca. 50 cm ⁻¹ apart); N-H of a 2° amine often weak.
3300	C-H stretching terminal alkyne	Usually very sharp and strong in RC≡CH; look for confirmatory C≡C stretching at 2260-2100 cm ⁻¹ . Complete absence of absorption at 3300-3000 cm ⁻¹ indicates absence of H bonded C=C or C≡C; may be weak in large molecules.
3100-3000	C-H stretching alkene arene cyclopropane	Often weak in alkenes of high molecular weight. Symmetrical stretching of =CH ₂ (2975 cm ⁻¹) overlaps with alkane absorption.
3000-2800	C-H stretching alkane	Usually strong and multi-banded due to symmetrical and asymmetrical stretching as well as methyl, methylene, and methine differences. Absence of absorption indicates lack of sp ³ H-bearing carbon.
2820-2720	C-H stretching aldehyde	Often shows two bands from combination or overtone. Correlate with aldehyde C=O stretching at 1725 cm ⁻¹ .
2250-2225	C≡N stretching nitrile	2250 cm ⁻¹ unconjugated nitrile; 2225 cm ⁻¹ conjugated nitrile (special calibration usually needed to distinguish).
2260-2100	C≡C stretching	Moderate for terminal alkynes; very weak or absent if alkyne is nearly symmetrical.
2260-2100	C≡X=Y stretching	C=C=O stretching of ketenes (2150 cm ⁻¹) and N=C=O stretching of isocyanates (2250 cm ⁻¹) are very strong and characteristic.
1950	C=C=C stretching allene	Intensity depends on polarity of substituents. Other bands in the 2500-1900 cm ⁻¹ region can arise from S-H stretching (2600-2550 cm ⁻¹ , weak) and P-H stretching (2440-2350 cm ⁻¹ , medium) besides various overtone and combination absorptions.
1820 and 1760	C=O stretching of acid anhydride	Both bands are present and are altered by conjugation and ring size if cyclic. The bands are also present, but closer together, in diacyl peroxides.
1800	C=O stretching acyl chloride	Lowered to 1780-1760 cm ⁻¹ by conjugation.

cm ⁻¹	Functional group	Comments
1770	C=O stretching <u>γ-lactone</u>	Lowered to ca. 1750 cm ⁻¹ by conjugation.
1745	C=O stretching <u>5-membered cyclic ketone</u>	Lowered to ca. 1715 cm ⁻¹ by conjugation.
1735	C=O stretching <u>ester</u>	Lowered to ca. 1710 cm ⁻¹ by conjugation. Raised to ca. 1760 cm ⁻¹ by vinyl attached to oxygen.
1725	C=O stretching <u>aldehyde</u>	Lowered to ca. 1690 cm ⁻¹ by conjugation.
1715	C=O stretching <u>ketone</u>	Lowered to ca. 1680 cm ⁻¹ by conjugation. Raised by ca. 35 cm ⁻¹ per atom decrease in ring size below 6-membered ring.
1710	C=O stretching <u>carboxylic acid (dimer)</u>	Band appears near 1760 cm ⁻¹ in monomer (rarely observed). Shifts to 1610-1550 cm ⁻¹ in carboxylate anion (salts).
1690-1650	C=O stretching <u>amide</u>	Associated forms have C=O stretching ca. 30-40 cm ⁻¹ lower. NH ₂ bending also makes a strong contribution to the 1650-1600 cm ⁻¹ .
1650-1600	C=C stretching <u>alkene</u>	Frequency is increased for exocyclic C=C with decreasing ring size; the opposite occurs for endocyclic C=C except for cyclopropene; absorption occurs at lower frequency in conjugated alkenes. Polar groups increase band intensity.
1640	C=N stretching	This band is usually weak (compared to C=O).
1600 and 1500 also 1580-and 1450	C=C stretching <u>aromatic nuclei</u>	Variable intensity; stronger when conjugated or electron donor groups are attached. Other systems also absorb in this region (e.g., NH ₂ bending).
1600	-NH ₂ bending	Useful to identify 1° amines and amides.
1540	-NH- bending	Useful to identify 2° amines and N-mono-substituted amides; may be weak.
1520 and 1350	-NO ₂ asym. & sym. stretching	This pair of bands is usually quite intense.
1465	-CH ₂ - bending	
1450 and 1380	-CH ₃ bending	The lower frequency band is especially useful to detect methyl groups. <u>Geminal</u> methyl groups give rise to a doublet (1385 and 1365 cm ⁻¹).
1410	-CH ₂ CO-	For a methylene group attached to a carbonyl group.
1325	-CH- bending	Usually weak and often unreliable.
1200	Ar-O	These strong bands are commonly assigned to C-O stretching. The position is shifted with unsaturation and branching, and over-lapping bending vibrations often make interpretation uncertain.
1150	-C-O-	
1100	-CH-O-	
1050	-CH ₂ -O-	
1050	RSOR' (sulfoxide)	Strong
1330 and 1140	RSO ₂ R' (sulfone)	Strong doublet (coupled oscillator)
1380 and 1170	RSO ₃ R'	Strong doublet (coupled oscillator)

cm ⁻¹	Functional group	Comments
970	 C-H bending	Useful to distinguish <u>E (trans)</u> 1,2-disubstituted alkenes from <u>Z (cis)</u> isomers.
890	R ₂ C=CH ₂ C-H bending	This strong band identifies a terminal methylene group. It is raised by 20-80 cm ⁻¹ if bonded to an electronegative atom or group.
815	R ₂ C=CHR C-H bending	Moderately strong band to characterize a trisubstituted double bond.
730-675	 C-H bending	Usually broad and sometimes obscured by solvent absorption (C-Cl).
750 and 690	monosubstituted phenyl C-H bending 5 adjacent H's	These are usually the strongest bands below 900 cm ⁻¹ . Electron withdrawing groups such as -NO ₂ increase the frequency by ca. 30 cm ⁻¹ . Chlorinated solvents obscure some of these bands.
750	<i>ortho</i> -disubst. phenyl C-H bending 4 adjacent H's	
780 and 700	<i>meta</i> -disubst. phenyl C-H bending 3 adjacent H's	
825	<i>para</i> -disubst. phenyl C-H bending 2 adjacent H's	

Infrared Regions Obscured by Solvents

Solvent	Region(s) Obscured
CCl ₄	840-700 cm ⁻¹
CHCl ₃	3000 cm ⁻¹ 1200 cm ⁻¹ 840-700 cm ⁻¹
CS ₂	1600 - 1400 cm ⁻¹

* Values mainly from dilute solutions in relatively nonpolar solvents. They often change with solvent and in liquid film or solid-state spectra.